



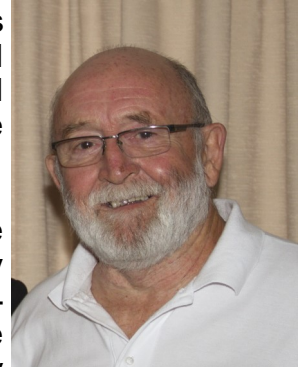
PROBUS CLUB
OF
KAWANA WATERS



Newsletter November 2018

From the President's Desk

Our October Business meeting speaker's address really stimulated us to pose questions. These, and the succinct answers and explanations provided will surely help us all to respond correctly in many of the health threatening situations that could befall us.



Our Club's Interest Groups all remain very active and we are the envy of many other Clubs, especially those whose delegates I spoke with at the September PAQ Delegates Meeting. This is indeed a tribute to the levels of energy and dedication shown by our Coordinators.

Your Management Committee is now working on refining the operating budget for the 2019-2020 year. This is very necessary to enable us to continue with our activities and perhaps even expand the range of activities on offer, thus allowing us to continue to enjoy our 'Fun, Fellowship and Friendship' that is Probus.

The Visitor and Membership Application Protocol has been well received and will be put to the Members at the next Business meeting for formal adoption.

We are looking forward to another bumper Christmas event at the Lakehouse Room at the Brightwater Hotel, the same function room in which we enjoyed our Christmas party last year. We have received an enormous response from our Members wishing to attend, and our arrangements for the event are well advanced.

Payment for our Christmas Lunch is due on or before our November meeting, so please, make your payment via electronic funds transfer prior to the meeting or pay our Treasurer, Brian Knight at the November Business Meeting.

President Allan Taylor

MEETINGS are held on the 2nd Tuesday monthly (except December) at **Venue 114**, 114 Sportsman's Parade, Bokarina, commencing at 10am. **APOLOGIES** for non-attendance should be notified to Registrar **Jan Rowe** 5491 9287 or Email: cats4ever7@bigpond.com before the day of the meeting to assist with catering.

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PAQ Web Site: enter the web site at www.paqnetwork.com.au
Secretary: mail@paqnetwork.com.au
President: president@paqnetwork.com.au

PROBUS CLUB OF KAWANA WATERS, INC

P.O. Box 398, Buddina, Qld 4575

www.probuskawanawaters.com

President: Allan Taylor. Secretary: Julie Knight. Treasurer: Brian Knight. Registrar: Jan Rowe

Newsletter Editor:

Anna Firmin : ammf42@gmail.com

0427 611174

Welfare & Support
Lorraine Gladigau
54 93 24 54

Any members who are ailing or needing support please ensure that **Lorraine** knows about it so that the Club is able to provide whatever assistance it can.


Treasurer's Report at the August General Meeting

Opening Balance: at 30.6.18	\$4508.19
Income:	\$ 468.13
Expenditure:	\$ 412.55
Balance at Bank: 31.07.18	\$4563.77

Internet Banking details:
BSB: 638 070 A/c: 8576386
Ref: Your name and event.

November Birthdays

Ray Moore	John Reddy
Gwen Glazier	Ron Beaufoy
Leigh Baker	




DIRECTORY	
President:	Allan Taylor
5493 2738	0404 666 081
Secretary:	Julie Knight
5452 6558	0421 637 682
Treasurer:	Brian Knight
5452 6558	0414 538 560
Registrar:	Jan Rowe
5491 9287	0450 717 447
Vice-President:	Michael Matthews
0416325763	
Welfare:	Lorraine Gladigau
5493 2454	
Facilities Officer:	Ray Moore
0427 091 600	

INTEREST GROUPS

Armchair Travel:	
Anna Firmin	0427 611 174
Art Group:	Graeme Love
5358 0145	0409 087 157
Book Club:	Ann Beaufoy
5491 8674	0423 210 209
Bridge Club:	Fran Moore
0427 091 600	
Dining:	
Fran Moore	0427 091 600
Lorraine Gladigau	5493 2454
Guest Speakers:	
Peter and Di Huthnance	
0400 756 773	
Local Theatre:	Diana Armstrong
5444 5047	
Mahjong:	Jenny Nelson
5437 9076	0400 151 933
Morning Tea:	Margaret Mair
5390 9659	0421 023 032
Newsletter & Media	
Anna Firmin	0427 611 174
Picnics:	Trev & Carmen Teys
0438 305 489	
Trips:	Wendy Tame
5445 6757	0409 625 150
Ukulele:	Trevor Teys
0438 305 489	
Walking:	Brian Knight
5452 6558	0414538 560

THE SUGGESTION BOX
 Any questions, suggestions or ideas This box is near the Registration table at each meeting.




Guest Speaker : Edlund Kent Brown



Edlund Kent-Brown, Officer in Charge (OIC) Paramedic at the Kawana Ambulance Station, gave us a thorough insight in the workings of the Queensland Ambulance Service, a Department of Health's here on the Sunshine Coast.

The Kawana Station has a staff of 33 – all Paramedics – working 24/7.

They respond to about 800 cases a month including emergency calls, car accidents, etc. Edlund pointed out just how the ambulance service works: many people think that you can go to the station and find an ambulance waiting for you. This is not so. They could all be out on calls and potentially not at station. You should make the 000 call. QAS Communications Centre is in Maroochydore, the call taker will be asked which service you require: Police, Fire or Ambulance. If you indicate, you want an ambulance further details will be taken.

Once you have answered the question "where are you situated?" the closest ambulance is on its way to your place. There are several questions from the Dispatcher. The answers give the paramedics the heads up on what to expect and also prioritise the call. For instance, a cut finger will be below a heart attack victim.

When you are out for a walk it is imperative you have a clear idea of where you are to guide the ambulance to your position. Edlund pointed out that if you are using your mobile phone, the registered address will come up NOT your current position. Only the Police service can identify your physical location from the mobile call number.

With regard to CPR Edlund pointed out that around 75% of cases of heart attack occurred at the home not out on the road. If you know CPR and start that work on the patient the final outcome will be far better for them. In answer to the question of what: is the current timing for compressions, Edlund said that 30 compressions to two breaths. You can choose not to do the breath with 'mouth to mouth' as the compressions will get passive airflow into lungs. This is better than nothing. He said that if you are on your own call 000 first then start the compressions. If there are two of you one starts the compressions while the other makes the call. He added that it was a very tiring job! He also suggested that the Ambulance Service could come to the Club and hold an interactive session. This idea was enthusiastically received!

Edlund reinforced the urgency of getting the Service as soon as possible if there is any evidence of chest pain and medical emergencies. This could indicate any number of problems - heartburn, indigestion, etc., but if it proves to be a heart attack then the sooner the medication is given, the problem identified and the Cardiac Surgeon notified, the better. If you live on your own and have a key lock outside, it is suggested that you notify the operator of the code so that the paramedics can gain entry to your premises. You can register this number with the Ambulance Service.

Paramedic qualification is a three-year degree course at University followed by a six-month internship with the Service.

The subject of drugs and overdosing on drugs was brought up. The paramedics have some antidotes on board. But they do have the appropriate drugs to sedate the patient to prevent them from hurting themselves and others around them.

TV programmes got a mention with Edlund confirming that most programmes do represent the real thing though there is, of course, a limit to the worse cases. It is a good indication of just what paramedics do on the job from birth of babies, vehicle accidents and injuries while exercising outdoors.

Armchair Travel - Anna Firmin**Myths, Mysteries and Memories of Dauan Island.
Judy White**

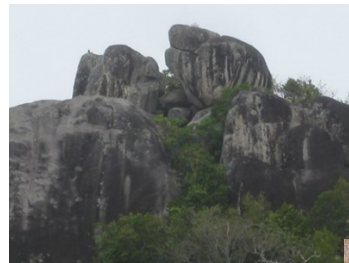
Dauan Island is one of the smallest of the seventeen inhabited islands of the Torres Strait group of islands, closer to Papua New Guinea than the Australian mainland. It is not a tropical tourist destination but an island that has a rich cultural and historical story to tell. I undertook the journey to visit my daughter, a Remote Area Nurse, who was managing the tiny but very busy clinic that provide health care to the 150 Torres Strait Islanders who call Dauan home. To get there took two days of travel, involving smaller and smaller aircraft and a thirty minute trip in a long boat from nearby Saibai Island. The people are related to the Melanesians from nearby Papua and, as the boys like to say, were descendants of head hunters in the not so long ago past. The geology of the island makes it unique amongst the 271 islands of the Torres Strait. It has three rocky hilltops and a narrow north facing beachfront strip on which the village is located. It is the northern most extent of the Great Dividing Range. I spent much of the first two weeks there teaching at the local school, 34 students if they all turned up, as they were short a teacher at that time. This was a wonderful experience as the children were so open and friendly and anxious to teach me about their island. There were many protocols to be observed while on the island, photography, dress, manner of greeting and observing cultural traditions, which provided no encumbrance to interaction with the people. My daughter and I had done a great deal of research into the myths of the island and sought out these stories about the spiritual life that existed in the caves and the beach and on the mountain tops. While strongly Christian in faith, these spirits are still an integral part of the people's belief system. Dauan has one of the very few rock art sites found so far in the Torres Strait. While only approx. 1600 years old, new by the standards of mainland rock art sites, the stories of massacres and destruction that define the reason for the art to be there are quite fascinating! As is the mystery of the unmarked grave of two priests in the church grounds! I have many memories of this unique destination and am intent on returning – in next year's dry season!!!



1. The transport.



2. The church



3. The rocks with art

**Book Club - Ann Beaufoy**

The book choice for September was self choice and reviewed at the October meeting. As you may imagine with such a well read group there was plenty of variety. A brief summary follows.

The Barefoot Investor by Scott Pape, author and radio commentator. Discribed as the only money guide you will ever need. In addition The Barefoot Investor for families, the only kids money guide you will ever need to see.

Hospital by the River by Dr Catherine Hamlin set in Ethiopia . A story of inspiration and hope, by the surgical intervention to correct female fistulae caused by prolonged childbirth. A Midwifery training school was also set up.

The biography of **Sir Arthur Conan Doyle**, the creator of Sherlock Holmes.

The Great Sea by David Abulofia. A human history of the Mediterranean from 22,000 BC to 2010. Edward Rutherfurd, author of epic historical novels which span long periods of history, but set in particular places.

Under a Tuscan Sun by Frances Mayes.

Babylon By Paul Kriwaczek, Mesopotamia and the birth of civilization.

American Kingpin by Nick Bilton an unbelievable true story of the man who built a million dollar on-jine drug empire from his bedroom and almost got away with it.

Still Life by Canadian author Louise Penny. The first novel of murder mystery that feature Chief Inspector Armand Gamache of the Surete due Quebec.

NOTE: Monday 26th November at 10.30 Christmas get together in Leigh and Jenny Bakers house.
No meeting in December.

Regards,

Ann Beaufoy.

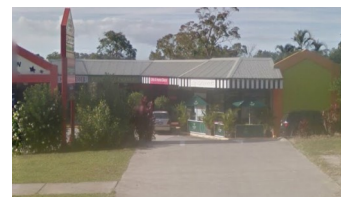
Morning Tea:

Margaret Mair

**Go Gourmet on Pierce,
9/65 Pierce Ave.
Little Mountain**

**Please advise Margaret if you plan to attend as it will be
a mini High Tea and numbers are essential in advance!**

November 15 10 am



Dining

Fran Moore & Lorraine Gladigau



**Wednesday, November 7th 12 noon
Driftwood Café, Rivershore Resort,
99 David Low Way, Diddillibah, 4559**

Convenor : Lorraine Gladigau.



Our festive Luncheon will be at
Lake House Restaurant, Brightwater Tavern.

On Tuesday, 11 December.

Please pay in full at the November meeting !

**There is a BIG thank you from Fran for your support with
the Lucky Door purchases.... These subsidise this event!**



**Friday, 9 November 2018
7.00 for 7.30pm**

**At CCTC, Paringa Street,
Wurtulla**

See you all there!!

Contact: Diana Armstrong



THE ART GROUP

Will be meeting on 1st and 3rd Mondays

From 1.00 pm to 3.30pm

November 5 at Anna Firmin's

4 Malkana Cres., Buddina

Contact Graeme Love

Email: gralove78@gmail.com

Phone: 5358 0145 Mobile: 0409 087 157

Wendy's Bus Trip

36 members enjoyed another great bus trip organised by Wendy and provided by Coolum Coaches.



Our first stop was Yowie Park, Kilcoy, for a morning cuppa. This stop had an art gallery in what once was the Courthouse. There was a museum/craft shop nearby.

From here we travelled through Yarraman and Esk to the Info Centre at Wivenhoe Dam where Leonie Mae gave a most interesting talk. This covered 'Our region's water grid', 'The 4 main functions of SEQWater' - being 1. water supply; 2. Flood Mitigation; 3. Hydro electricity and 4. Public Recreation.— and 'What we will need in the future'.



I think a number of us were surprised at what was involved to supply the drinking water at the turn of the tap in our homes.

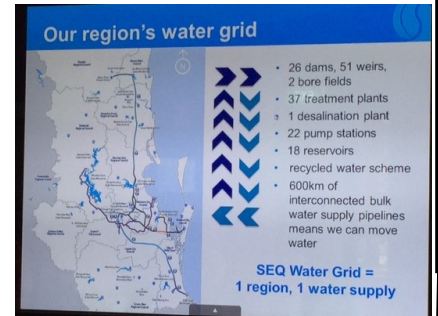
Our lunch stop was at a little gem of a place, Cormorant Bay Café on the banks of Lake Wivanhoe.



The final stop was at the Regional Art Gallery called The Condensery—because it was originally the first condensed milk factory in Australia.



Curator, Bethany Smith, showed us round the current exhibition. We were affected by the works on display - very dark works which were works by High School students.



Once again, Wendy, you have given us a winner to end 2018!

The Walking Group 1st and 3rd Wednesday . Still 8.00 am.

Wed. November 7th Point Cartwright Reserve

(Short walk some up and down 1.5 km.)

Meet in carpark at the north end of Pacific Blvd. 8am.

Wed. 21st November. Edna Walling Memorial Garden

(about 2km)

Meet in carpark at end of Quorn Close, Buderim. 8 am

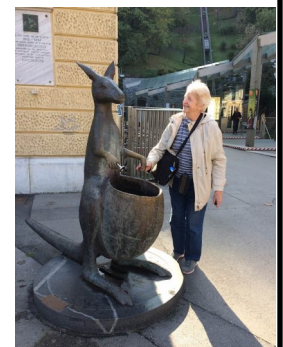
Contact: Brian Knight



Marion Schultz and Sue Goodman in Paris !



Lyn Peck finds a 'roo in the heart of Bled, Slovenia!!



November			
Monday 5	Mahjong: Kawana Bowls Club Art Group: Anna's: 4 Malkana Cres. Buddina.	9.30am 1.00pm	Jenny Nelson Graeme Love
Tuesday 6	Ukelele: Audrey & Leigh Wynne's home	9.00 am	Trevor Teys
Wednesday 7	Walking: Pt.Cartwright Reserve. Park end of Pacific Bvd. Dining: Driftwood Café, Rivershore Resort, Diddillibah.	8.00 am 12.00	Brian Knight Fran Moore
Friday 9	Armchair Travel Group : Meeting Room #1, Kawana Library, Naniyma St., Buddina Ron & Ann Beaufoy Theatre: " 'Allo 'Allo" , CCTC, Paringa St., Wurtulla,	9.15 am 7.00pm	Anna Firmin Di Armstrong
Tuesday 13	General Meeting:L2 Venue 114. Sportsman's Prd. Guest Speaker: Geoff Smith, OIC Qld. Air Museum.	10.00am	Jan Rowe Peter & Di Huthnance
Thursday 15	Morning Tea: Go Gourmet on Pierce, Little Mountain	10.00am	Margaret Mair
Monday 19	Mahjong : Kawana Bowls Club Art Group: Anna's: 4 Malkana Cres., Buddina.	9.30 am 1.00 pm	Jenny Nelson Graeme Love
Wednesday 21	Walking: Edna Walling Memorial Gdns.Quorn Ct., Buderim	8.00am	Brian Knight
Monday 26	Book Club: Jenny & Leigh Baker's. Christmas meeting Art Group: Anna's: 4 Malkana Cres., Buddina	10.30 am 1.00pm	Ann Beaufoy Graeme Love
Tuesday 27	Ukelele: Audrey & Leigh Wynne's home Picnic: La Balsa Park. Harbour Prd., Buddina Bring a plate to share!! BYO everything.	9.00 am 5.00pm	Trevor Teys Trev & Carmen
Wednesday 28	Management Committee Meeting		Allan Taylor
December			
Monday 3	Mahjong: Kawana Bowls Club Art Group: Anna's: 4 Malkana Cres., Buddina.	9.30am 1.00 pm	Jenny Nelson Graeme Love
Tuesday 4	Ukelele: Audrey & Leigh Wynne's home	9.00 am	Trevor Teys
Wednesday 5	Dining: NO EVENT !		
Tuesday 11	Christmas Luncheon at Lakehouse, Brightwater	11.30 for 12.00	Allan Taylor
Thursday 13	Morning Tea: NO EVENT !		Margaret Mair
Friday 14	Armchair Travel Group : NO EVENT !		Anna Firmin
Monday 17	Mahjong: NO EVENT ! Art Group: NO EVENT ! Re start 4th February 2019		Jenny Nelson Graeme Love
Monday 24	Book Club:: NO EVENT !		Ann Beaufoy
CHANGES TO LISTS:	Delete: John and Gloria Reardon. Retired.		
REMEMBER!			
PAYMENT FOR CHRISTMAS LUNCH MUST BE PAID NO LATER THAN AT THE NEXT GENERAL MEETING ON TUESDAY, NOVEMBER 13th			